

1986 GIRLS MINNESOTA TRACK & FIELD TEN BEST PERFORMERS

compiled by Bill Miles after the 1986 State Meet- there are likely many omissions.

3200 Meter Run

10:32.56 Michelle Marthaler, Belgrade-Brooten (12)
10:43.98 Kim Kauls, Forest Lake (11)
10:47.06 Kari Parker, Bird Island-Lake Lillian-Olivia (10)
10:59.12 Gretchen Farkas, Totino Grace (10)
11:00.27 Sarah Gandrud, Bloomington Jefferson (11)
11:02.69 Tracy Dahl, Anoka (9)
11:04.31 Christine Abbott, Winona (11)
11:05.44 Amy Kampsen, Belgrade-Brooten (12)
11:07.33 Shelia Pexsa, Alexandria (11)
11:07.41 Angela Aukes, Elmore (10)

1600 Meter Run

4:48.79 Jeanne Kruckeberg, Blooming Prairie (12)
4:53.2h Michelle Marthaler, Belgrade-Brooten (12)
4:58.1h Kim Kauls, Forest Lake (11)
5:00.9h Cara Daniels, Anoka (12)
5:03.54 Sarah Renk, Winona (10)
5:05.40 Julie Kramer, Fulda (9)
5:06.22 Heather Doyle, Moorhead (11)
5:07.7h Bobbi VanAmber, Alexandria (12)
5:08.17 Gretchen Farkas, Totino Grace (10)
5:08.17 Catharine Winters, Chaska (9)

800 Meter Run

2:08.77 Jeanne Kruckeberg, Blooming Prairie (12)
2:12.19 Daniejela Vicanovic, Minnetonka (12)
2:13.77 Nicole Scherr, Morris (10)
2:16.4 Sarah Renk, Winona (10)
2:16.80 Julie Kramer, Fulda (9)
2:17.61 Catharine Winters, Chaska (9)
2:17.95 Jody Buck, Lake City (9)
2:18.39 Kim Bedard, Hallock/Lancaster (12)
2:18.49 Kelly Beamer, Moose Lake/Willow River ()
2:19.52 Vanessa Foli, Robbinsdale Armstrong (12)

400 Meter Dash

56.22 Sue Chopskie, Park-Cottage Grove (10)
56.80 Sue Faus, Rocori (10)
56.96 Heather VanNorman, Windom (10)
57.03 Maureen Leonard, Minnetonka (9)
57.13 Karen Ryan, Chaska (11)
57.19 Renee Crep, Bemidji (11)
57.36 Daniejela Vicanovic, Minnetonka (12)
57.58 Birgitte Stuewe, Norwood-Young America (9)
57.5h Tracy Brown, Brainerd ()
58.14 Lynn Dibble, Westbrook ()

200 Meter Dash

24.29 Heather VanNorman, Windom (10)
25.28 Jaylene Gerenz, Rosemount (10)
25.31 Sue Chopskie, Park-Cottage Grove (10)
25.39 Janet Cullen, Coon Rapids ()
25.42 Birgitte Stuewe, Norwood-Young America (9)
25.43 Sara Schroepfer, Mounds View ()
25.44 Peggy Natterstad, Jackson (11)
25.64 Tammy Gilmore, Eden Prairie (12)
25.67 Karen Ryan, Chaska (11)
25.68 Gretchen Terhaar, Belgrade-Brooten (10)

100 Meter Dash

12.14 Heather VanNorman, Windom (10)
12.27 Jaylene Gerenz, Rosemount (10)
12.34 Carolyn Kruse, St. Croix Lutheran (10)
12.44 Tammy Gilmore, Eden Prairie (12)
12.45 Claver Williams, St. Paul Como Park (12)
12.49 Maureen Leonard, Minnetonka (9)
12.53 Jina Schriefels, St. Cloud Apollo (11)
12.57 Diedra Grams, White Bear Lake ()
12.63 Mary Jo Miller, Milroy (10)
four tied at 12.4h

300 Meter Intermediate Hurdles

44.30 Lisa Ristau, Fairmont (10)
44.61 Liesa Brateng, Roseau (11)
44.89 Dianne May, Eden Prairie (12)
45.09 Kristi Dean, Fridley (10)
45.23 Brenda Braun, Moorhead (12)
45.36 Amy Hansen, Bloomington Jefferson (11)
45.65 Missy Schultz, Wells-Easton (11)
45.71 Heidi Juhl, Stillwater (12)
46.15 Paula Schwartzbauer, Rosemount (11)
46.23 Katy Bryce, Park Rapids (10)

110 Meter High Hurdles

14.81 Lynn Frauendienst, Crosby-Ironton (12)
14.96 Missy Schultz, Wells-Easton (11)
14.8h Brenda Braun, Moorhead (12)
15.24 Julie Hansen, Jackson (12)
15.0h Tracee Wolf, Rocori (11)
15.31 Renee Pattzold, Centennial (12)
15.1h Irene Becker, Monticello (12)
15.35 Kelli West, Hibbing (11)
15.37 Billi Jo LeVasseuer, Grand Rapids ()
15.45 Tammy Meyer, Sleepy Eye (12)

High Jump

5-10 Linda Barsness, Rochester John Marshall (12)
5-8.25 Jodi Swenson, Crosby-Ironton (11)
5-8 Robyn Hackbart, Kellogg (12)
5-8 Tracee Wolf, Rocori (11)
5-6 Diane Ideker, Caledonia-Spring Grove (12)
5-6 Liz Peter, Eden Prairie (11)
5-6 Carla Ryan, Saint Peter (10)
5-5.5 Lee Langdon, Lake City (11)
5-5 Barb Wagamon, Blaine ()
eight tied at 5-4

Long Jump

18-6.5 Katy Suman, Worthington (12)
18-1.5 Sara Dupslaff, Forest Lake (11)
17-11 Terry Mayfield, Mpls. Roosevelt (12)
17-8.5 Lisa McCrady, Rosemount (11)
17-7 Kara Bateson, Annandale (9)
17-6 Sara Realdsen, Paynesville (12)
17-6 Jina Schriefels, St. Cloud Apollo (11)
17-5.5 Tricia Krenik, Plainview (12)
17-5.5 Dawn Mueske, Stewartville (11)
17-4.5 Mary Jo Miller, Milroy (10)
17-4.5 Claver Williams, St. Paul Como Park (12)

h = hand held

Discus Throw

137-8 Annie Cook, Sleepy Eye (12)
 136-7 Jenny Espe, White Bear Lake (11)
 132-9 Melissa Anstadt, Glyndon-F/D (12)
 132-7 Dynae Otterbein, Hayfield/DC
 131-4 Kristi Oleen, Blaine (10)
 130-9 Joan Longhenry, Clarkfield (10)
 126-11.5 Deb Bohn, Minnetonka (12)
 126-0 Tina Erickson, Bemidji (12)
 125-5 Lori DesRoches, Anoka (12)
 125-2.5 Karin Dulski, Moorhead (11)

Shot Put

42-2.5 Kelly Newman, Stillwater (11)
 41-7.25 Krista Holmstrand, Cloquet (11)
 41-6.25 Toni Jameson, St. Paul Highland Park (12)
 40-5 Jenny Espe, White Bear Lake (11)
 40-4.5 Karla Daleske, Hayfield/DC (12)
 40-0.75 Tami Brant, Armstrong (11)
 39-10 Stephanie Scholtes, Rosemount (10)
 39-9.25 Simona Samuelson, St. Cloud Tech (11)
 39-6 Lori DesRoches, Anoka (12)
 39-4.75 Katy Schmidt, St. Cloud Apollo (12)

4x100

48.81 Coon Rapids
 49.34 Rosemount
 49.58 St. Paul Como Park
 49.61 St. Cloud Apollo
 49.99 Shakopee
 50.24 St. Croix Lutheran
 50.0h Hibbing
 50.31 Norwood-Young America
 50.33 White Bear Lake
 50.33 Moorhead

4x200

1:42.59 Coon Rapids
 1:43.34 Stillwater
 1:43.53 Bemidji
 1:44.00 Rocori
 1:44.86 Minnetonka
 1:45.31 Owatonna
 1:45.42 Fairmont
 1:45.55 Chatfield
 1:46.38 Crookston
 1:46.42 Redwood Falls/Morton

4x400

3:55.29 Minnetonka
 3:57.64 Stillwater
 3:59.64 Chaska
 3:59.6h Rochester John Marshall
 4:00.00 Rocori
 4:00.03 Eden Prairie
 4:00.55 Mounds View
 4:01.6h Rochester Mayo
 4:02.8h Fairmont
 4:03.3h Owatonna

4x800

9:20.12 Anoka
 9:22.30 Eden Prairie
 9:24.6h Apple Valley
 9:29.6h Rosemount
 9:32.8h Minnetonka
 9:36.27 Robbinsdale Armstrong
 9:40.4h Lake City
 9:41.23 Rocori
 9:41.5h Stillwater
 9:43.29 Thief River Falls

h = hand held